

OWLbert's Virtual World: Holiday Coping Strategies



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Welcome to OWLbert's Virtual World at E-Therapy!

OWLbert's Virtual World templates are preloaded with tons of interactive therapy links that you can use in your remote or in-person therapy sessions. Just hover over the objects or pictures on the next page to find the links.

Visit our [resource library](#) for access to more E-Therapy originals.



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I'm OWLbert, your friendly guide from E-Therapy, the therapy experts. I hope you enjoy this activity! For more information about our online therapy services and to explore a wealth of activities and resources, be sure to visit our blog, **Empower**.

E-Therapy is dedicated to supporting your onsite and virtual needs. We're here to help you soar!

Click here to discover all our resources and take your therapy sessions to the next level!

Warmly,
OWLbert

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