

Movement Task Cards for Physical Therapy

Color and Grayscale Printable
Cards to Use With the
Find Santa's Pack of Toys Game



Movement Task Cards for Physical Therapy

Directions:

- Print out the low-ink PDF cards for use in the classroom or for sending home with students.
- Use colorful cards when screen sharing.
- Consider printing on card stock for onsite sessions.
- Use these task cards by themselves or paired with a game board.
- Blank task cards that can be edited using Adobe Reader or other PDF mark up app are also included.

Movement Card 1

Act out reaching to put the star on top of the Christmas tree.



Movement Card 2

Act out hanging 5 ornaments all around the Christmas tree.



Movement Card 3

Act out shaking a snow globe 5 times.



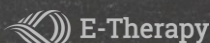
Movement Card 4

Act out hanging stockings by the fireplace.



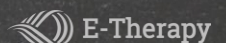
Movement Card 5

Act out chopping wood for the fireplace.



Movement Card 6

Act out picking up 5 presents and putting them under the Christmas tree.



Movement Card 7

Act out serving cups of hot cocoa to your family.



Movement Card 8

Act out flying like Santa's reindeer.



Movement Card 9

Pretend to fill Santa's pack with toys and presents.



Movement Card 10

Pretend to toss tinsel all around the Christmas tree.



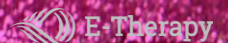
Movement Card 11

Pretend to open 5 presents.



Movement Card 12

Pretend to snuggle up under a soft warm blanket.



Movement Task Cards: Christmas Theme

Movement Card



Movement Card



Movement Card



Movement Card



Movement Card



Movement Card



PT Movement Task Cards: Christmas Theme

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Movement Card 4

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PT Movement Task Cards: Christmas Theme

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Movement Task Cards: Christmas Theme

Movement Card



Movement Card



Movement Card



Movement Card



Movement Card



Movement Card



Movement Task Cards for Physical Therapy: Find Santa's Pack of Toys



I'm **OWLbert**, your friendly guide from E-Therapy, the therapy experts. I hope you enjoy this activity! For more information about our online therapy services and to explore a wealth of activities and resources, be sure to visit our blog, **Empower**.

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We're here to help you soar!

Click here to discover all our resources and take your therapy sessions to the next level!

Warmly,
OWLbert

