

# SNOWFLAKES & SPEECH GOALS: A FRESH START FOR THE NEW YEAR

January 2026

## Frosty Fun



## Warm Words for Winter Wins

As we welcome 2026, let's celebrate all the speech and language progress made so far! Every new year brings new opportunities to grow, communicate, and connect. Keep up the great work—each “warm word” adds up to big wins!

## Chilly Challenges

**Snowball Sentences:** Students can practice carryover at home by writing their speech words or vocabulary on small paper “snowballs.” Toss one, catch it, and say a sentence using that word before throwing it again!

**Winter Word Hunt:** Have students look around their house for 5 winter items (like hat, mug, or blanket). Say each one using their best speech sounds, or describe it with a full sentence (e.g., “The blanket is soft and warm”).

## Cool Communication Tips

- Start each session with a quick question or fun “icebreaker” to get talking right away.
- Pick one word or phrase to practice each session and use it in a sentence before the end.
- Take a short “freeze break” to stretch or move, then repeat your speech goal